

Faster bone
healing can be
yours in just
20 minutes a day*

Ask your doctor about
EXOGEN[®]
Ultrasound Bone Healing System

www.exogen.ca
www.healmybone.ca



If you have a broken bone, you're not alone

- Millions of people see a healthcare professional each year for fracture care ¹

Up to 10% of fractures may be at risk for delayed healing or not healing at all ²

- Some factors that may contribute to this include certain risk factors and fracture location

If you have any of these risk factors, your fracture may be difficult to heal ³⁻⁴

- Smoking
- Diabetes
- Obesity
- Advanced age
- Osteoporosis
- Poor diet or nutrition deficiency
- Vascular (vein) insufficiency
- Anaemia
- Steroids
- Certain medications

The EXOGEN[®] system can help get you back to your normal activities faster

- Accelerates the time it takes to heal certain fresh fractures ^{9,10}
- Heals fractures that won't heal on their own ²
- Uses unique ultrasound technology ⁸
- Takes only 20 minutes a day ⁸

Is there anything else I can do to help heal my fracture faster?

Many doctors may recommend that you:

- Avoid tobacco products
- Maintain a well-balanced diet
- Increase your daily supply of calcium
- Take pain relieving tablets only as directed
- Get plenty of rest
- Surround yourself with supportive people and a healthy environment
- Follow up with post-surgery rehabilitation programs

EXOGEN[®] Ultrasound Bone Healing System



*The only technology approved to accelerate healing of fresh fractures and bones that won't heal on their own. ***

www.exogen.ca
www.healmybone.ca

Ask your doctor about

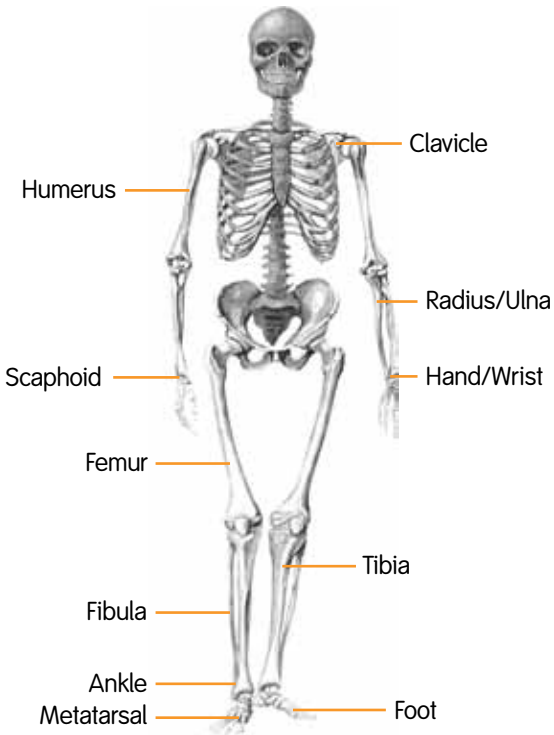
EXOGEN[®] Ultrasound Bone Healing System

- Easy to use
- Just 20 minutes per day



The location of your fracture may also affect healing

- Fractures of the bones shown below may be particularly at risk for delayed healing or not healing at all^{1-2, 5-7}



If your fracture is healing slowly, or not healing at all, help is available.

EXOGEN[®]

- Is approved to accelerate healing of fresh fractures and fractures that won't heal on their own[†]
- Works in just 20 minutes a day to speed healing^{*8}
- Features ultrasound technology⁸
- Gets you back to normal activities faster¹¹

Ask your doctor about

EXOGEN



In the EU and Canada** EXOGEN Ultrasound Bone Healing System is indicated for the non-invasive treatment of osseous defects (excluding vertebra and skull) that includes:

- Treatment of delayed union and non-unions
- Accelerating the time to heal of fresh fractures
- Treatment of stress fractures
- Accelerating repair following osteotomy
- Accelerating repair in bone transport procedures
- Accelerating repair in distraction osteogenesis procedures
- Treatment of joint fusion

Contraindications: There are no known contraindications for the EXOGEN device. Warnings and precautions pertaining to the treatment of either condition may be found at www.exogen.ca or by calling 1-800-387-5263.

[†]A non-union is considered to be established when the fracture site shows no visibly progressive signs of healing.

References

1. Nolte PA, van der Krans A, Patka P, Janssen IM, Ryaby JP, Albers GH. Low-intensity pulsed ultrasound in the treatment of nonunions. *J Trauma*. 2001;51(4):693-703.
2. Connolly JF. Tibial nonunion: diagnosis and treatment. Paper presented at: American Academy of Orthopaedic Surgeons; 1991; Park Ridge, IL.
3. Robinson CM. Fractures of the clavicle in the adult: Epidemiology and classification. *J Bone Joint Surg Br*. 1998 May;80(3):476-484.
4. Boles CA. Wrist, scaphoid fractures and complications. *Emedicine.com*. May 6, 2009.
5. Pounder NM, Harrison AJ. Low intensity pulsed ultrasound for fracture healing: a review of the clinical evidence and the associated biological mechanism of action. *Ultrasonics*. 2008; 48(4): 330-338
6. Kristiansen TK, Ryaby JP, McCabe J, Frey JJ, Roe LR. Accelerated healing of distal radial fractures with the use of specific, low-intensity ultrasound. *J Bone Joint Surg*. 1997; 76-A(7): 961-973
7. Heckman Kristiansen TK, Ryaby JP, McCabe J, Frey JJ, Roe LR. Accelerated healing of distal radial fractures with the use of specific, low-intensity ultrasound. *J Bone Joint Surg*. 1997; 76-A(7): 961-973
8. Data on file

Smith & Nephew, Inc.
6685 Millcreek Drive, Unit 5
Mississauga, ON L5N 5M5
Canada

Reimbursement /orders /inquiries 1-800-387-5263 (select option 5)
Fax: 1-866-7EXOGEN (739-6436)

[®]Trademark of Smith & Nephew.
Registered US Patent and
Trademark Office

© Smith & Nephew 2010
12.10

www.exogen.ca
www.healmybone.ca